

Altitude		Ascent / Descent	
High	1935 m	Avg asc	0 m/s
Low	1076 m	Tot asc	858 m
Ascent		Avg dsc	0 m/s
Flat	00:04.31	Tot dsc	0 m
Descent			
	00:00.00		

Heart rate		
Max	157	
Min	96	
Avg	138	
Above (> 230)		00:00.00
In (30 - 230)		01:44.11
Below (< 30)		00:00.00

Chart: T56_stk_12

